## CLAIMS:

- 1. A garment suitable to be worn on an upper body portion of a person, comprising:
  a base fabric having a front portion and a rear portion formed with openings for
  the person's arms and head and having a breast portion on the front portion; and
  a first protective panel attached to the breast portion of the base fabric;
  wherein the first protective panel is adapted to protect the upper body portion of
  the person during descent from a vertical surface.
- 2. The garment of claim 1, further comprising a second protective panel attached to the breast portion of the base fabric.
- 3. The garment of claim 1, further comprising a collar portion.
- 4. The garment of claim 1, further comprising a sleeve attached to the base fabric for receiving the person's arms therethrough.
- 5. The garment of claim 4, further comprising a protective panel attached to the sleeve.
- 6. The garment of claim 1, further comprising pockets on the front portion of the fabric.
- 7. The garment of claim 1, further comprising loops attached to the front portion of the fabric.

- 8. The garment of claim 1, further comprising attachable and detachable structural members adapted to secure the bottom of the garment to a safety belt.
- 9. The garment of claim 8, wherein the attachable and detachable structural members are selected from the group consisting of loops, buttons, snaps hooks, hook and loop fasteners.
- 10. The garment of claim 1, wherein the base fabric is formed into any one of a coat, jacket, shirt, and vest.
- 11. The garment of claim 1, wherein the protective panel comprises at least one ply of a fabric formed of aramid fibers.
- 12. The garment of claim 11, wherein the aramid fibers are selected from the group consisting of Kevlar® fiber, Twaron® fiber, Spectra® fiber, and Zylon® fiber.
- 13. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber of 200 denier mesh.
- 14. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber having a weight of 3.9 oz/yd<sup>2</sup>.
- 15. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber having a warp count of 70 yarns/inch.
- 16. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber having a fill count of 70 yarns/inch.

- 17. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber having a thickness from 6 to 8 mils.
- 18. The garment of claim 11, wherein the protective panel fabric is constructed from aramid fiber having a breaking strength of 385 lbf/inch.
- 19. A garment suitable to be worn on a lower arm portion of a person, comprising: a base fabric having an elongated portion with an opening suitable receiving a person's arm; and a

hand portion attached to the elongated portion;
wherein the hand portion comprises a first protective panel attached thereto; and
wherein the first protective panel is adapted to protect the upper body portion of

the person during descent from a vertical surface.

20. The garment of claim 19, further comprising a second protective panel attached to the elongated portion of the base fabric.